



U.S. Railroad Retirement Board

Pre-Retirement Seminars

For railroad employees and spouses
within five years of retirement



About Pre-Retirement Seminars

The RRB's Pre-Retirement Seminar program is designed to help educate those nearing retirement about the benefits available to them, and what to expect during the application process. Our benefit experts are available at each seminar to answer questions from program attendees, who receive a seminar kit full of helpful materials. Sponsored by the Office of the Labor Member, this program is offered in a number of RRB-serviced localities across the country every year. Registration is required.

What to bring

If you have not yet submitted any of the documents required in order to file a railroad retirement application (such as proof of age, marriage, or military service), please bring the original records or certified copies with you, along with an additional copy of each item to leave behind with our staff.

How to register

Due to limited space, registration is required. Event details and registration will be available approximately 70 days in advance of each seminar at [RRB.gov/PRS](https://www.rrb.gov/PRS).



2024 SPRING SEMINARS

May 17 Altoona PA Altoona Grand Hotel and Conference Center
1 Sheraton Dr
Altoona PA

May 17 Omaha NE Eugene T Mahoney State Park
28500 West Park Highway
Ashland NE

May 17 Roanoke VA Salem Civic Center
1001 Roanoke Blvd, Community Room
Salem VA

[RRB.gov/PRS](https://www.rrb.gov/PRS)